TRENDS SPOTTED FASHION · FREE STYLE CARD

The Leggings Card

7 winter outfits that look put-together after 60

THE ONE RULE

Like tights, not trousers.

Before you dress, ask: would I wear this top with tights?

1 The Long Knit

GREY KNIT TO MID-THIGH · BLACK LEGGINGS · FLAT ANKLE BOOTS

Test: side-on at a dark window. Does the hem pass your seat?



2 The Dark Column

LONG DARK COAT, OPEN · BLACK LEGGINGS · BLACK KNEE BOOTS

Test: squint and count colour blocks below the waist. One is right.



3 Leather + a Long Layer

CAMEL DUSTER, OPEN · BLACK WAISTCOAT · FAUX-LEATHER LEGGINGS

Test: sit two minutes. No bagging at the knee.



4 A Skirt Over Leggings

MIDI SKIRT OR DRESS · BLACK LEGGINGS · BLACK SHOES

Test: walk to the window. No leggings above the knee.



5 The White Shirt

LONG WHITE SHIRT UNDER A BROWN KNIT, COLLAR AND HEM OUT

Test: black, then white, under your chin. Keep the brighter one.



6 The Riding Boot

NAVY BLAZER · TAUPE V-NECK · FLAT BROWN KNEE BOOTS

Test: one finger should fit in the top of the boot.



7 The Line to the Shoe

LEGGINGS THAT REACH THE SHOE · BLACK POINTED FLATS

Test: sit and cross your legs. No skin showing.



Which Leggings

THICK · MATTE · HIGH FLAT WAISTBAND · NO LOGOS

Test: bend in daylight. See skin? That's a gym pair.



IN THE STYLE NOTES

21 outfits, three for each idea · the 29-piece shopping list with exact colours · what to skip

Style Notes Club

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OUTFIT 1 OF 7

The Long Knit

Hem past the seat.



The formula: Grey knit to mid-thigh · thick black leggings · flat black ankle boots · one long chain

THE PIECE YOU OWN

A sweater that stops at the hip.

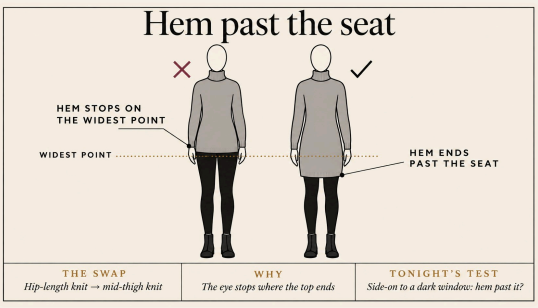
WHY IT STOPS WORKING AFTER 60

Most of us carry a little more at the hip and the top of the thigh. Thin stretch fabric outlines exactly that, and wherever a top ends, the eye stops. A hip-length hem stops it at the widest point.

THE SWAP

Choose a knit, a shirt or a tunic that finishes at mid-thigh, past your seat. Not tighter, not looser. Longer.

> **SKIP**
>
> Hip-length and cropped sweaters; a short top with leggings and heels.



THREE WAYS FROM CLOTHES YOU OWN

1 A long grey turtleneck, black faux-leather leggings, pointed ankle boots and one long chain. The knit does the covering; the leather makes it look like a choice.

2 

A long checked shirt jacket, open or buttoned, with black ballet flats and a soft bag. A man's shirt one size up does the same job.

3 

A long cardigan coat over a plain black top. Two lengths: the top covers the seat, the cardigan comes past it.

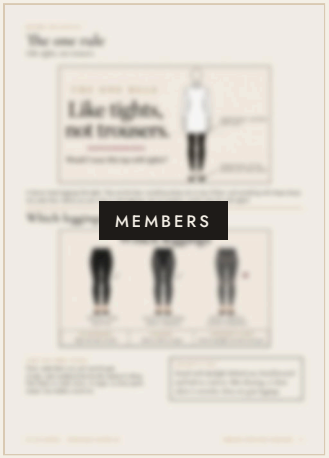
TONIGHT'S TEST

Stand side-on to a dark window and find the fullest point of your seat. Hem above it or on it: not for leggings. Past it: you are done.

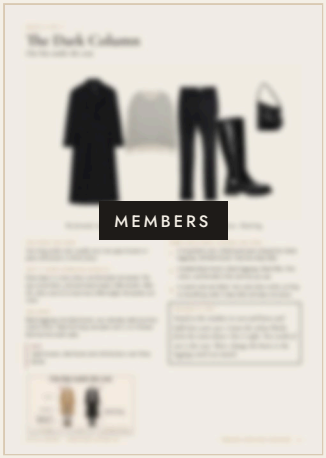
WHAT THE FREE CARD LEAVES OUT

Inside the full Style Notes

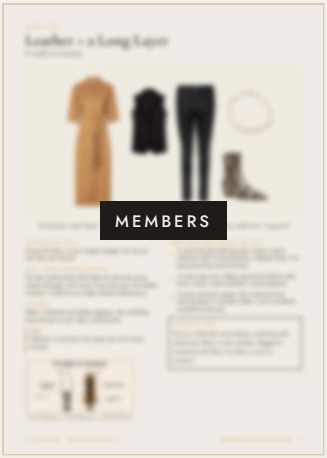
You just read one outfit in full. Here is what the other twelve pages hold.



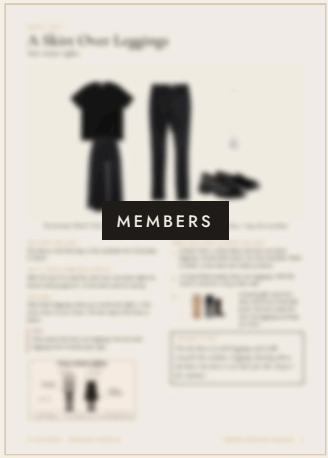
The one rule + which leggings



Outfit 2 · The Dark Column



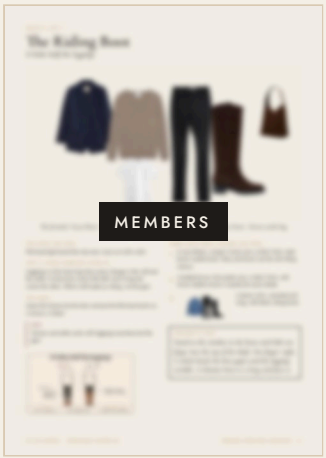
Outfit 3 · Leather + a Long Layer



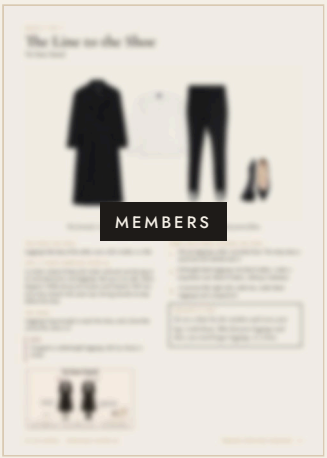
Outfit 4 · A Skirt Over Leggings



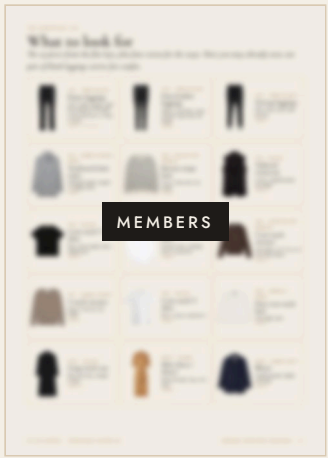
Outfit 5 · The White Shirt



Outfit 6 · The Riding Boot



Outfit 7 · The Line to the Shoe



The 29-piece shopping list

WHAT YOU WOULD MISS

- All 21 outfits, three for each idea, with the flat lays
- Why each one stops working after 60, and the exact swap
- The ten-second window test for every outfit
- What to skip, on one page
- The 29-piece shopping list with exact colours
- Your winter checklist for the door

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