TRENDS SPOTTED FASHION · STYLE NOTES

The Miuccia Rules

Six rules worth breaking after 60, read from Miuccia Prada's wardrobe at 77







SNEAK PEEK · THE FREE CARD AND RULE ONE

TRENDS SPOTTED FASHION · FREE CARD

The Mirror Test Card

6 rules worth breaking after 60, read from Miuccia Prada's wardrobe at 77

1



Let the skirt speak

Mirror test: where does your eye go first? It should be the skirt.

2



One wrong thing

Mirror test: change one piece until the outfit feels ten percent wrong.

3



Big jewellery, plain knit

Mirror test: take three steps back. Can you still see it?

4



Sparkle with cotton

Mirror test: could you wear it to lunch?

5



Let the hem show

Mirror test: look at the bottom edge of your coat. One hand of pale hem.

6



Swap the shoes

Mirror test: do the outfit and the shoes say the same thing? Change the shoes.

*Keep the outfit calm. Break **ONE** rule at a time.*

Want the why behind each rule, and two more outfits for every one?

The full Style Notes for this video are inside the Style Notes Club. $9 a month, cancel anytime.

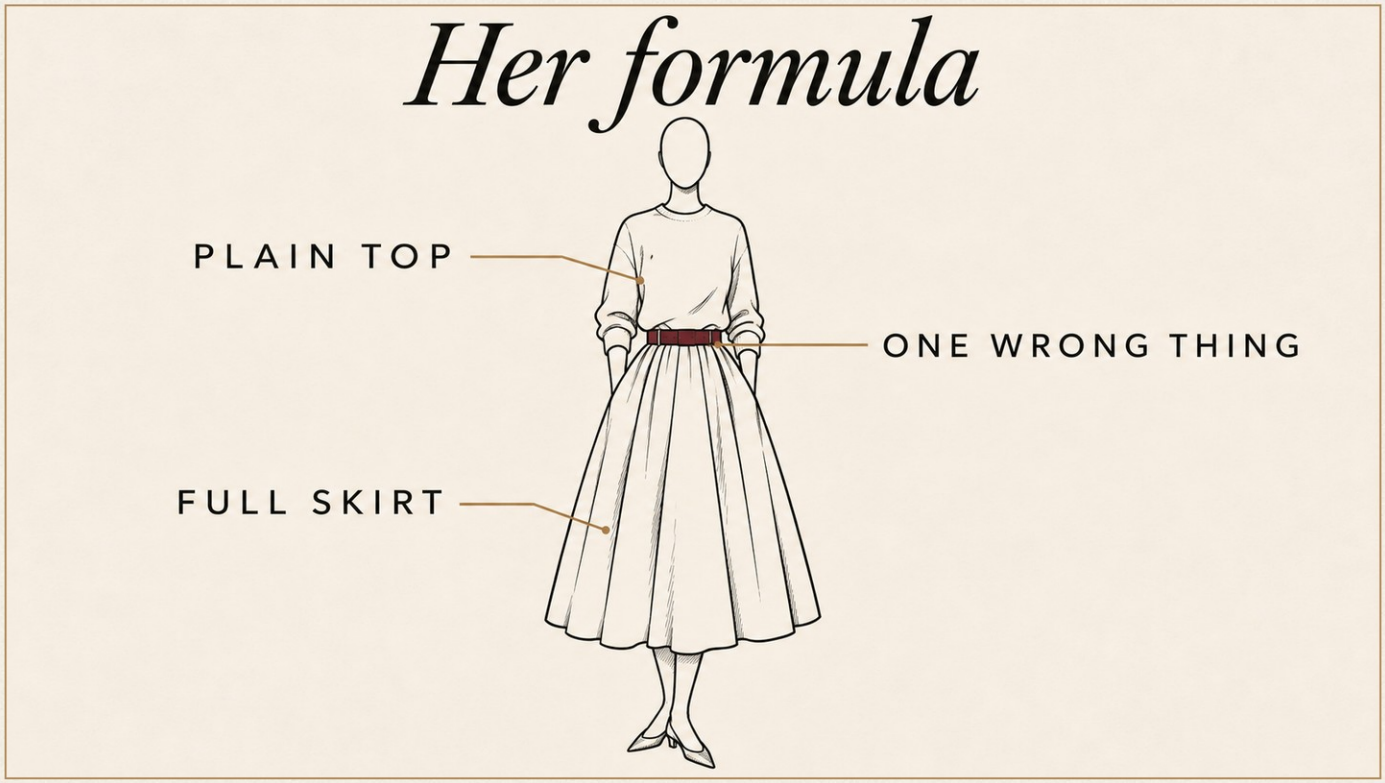
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How to use these notes

Each rule has one page. Read the idea, look at the outfit, then do the mirror test with clothes you already own. The buying check is for later, and only if the test tells you something is missing.

You do not need all six. Pick one rule this week.



INSIDE

Rule 1	Let the skirt speak	**Rule 2**	One wrong thing
Rule 3	Big jewellery, plain knit	**Rule 4**	Sparkle with cotton
Rule 5	Let the hem show	**Rule 6**	Swap the shoes
Make it yours	Four adjustments	**Build order**	What to buy first
One week	One rule a day		

"I always try to introduce something that is wrong."

MIUCCIA PRADA, 2009 INTERVIEW

~~*Keep the bottom plain*~~

Let the skirt speak



THE IDEA

Miuccia Prada wears the plainest sweater she can find and puts the idea in the skirt: volume, shine, print or pleats. She has said that for her a skirt is like a T-shirt, the place where her ideas go.

WHY IT WORKS AFTER 60

An eccentric skirt sits from the waist down, so your face and shoulders still look like you. A fine plain knit is a calm frame. A skirt with body gives you movement when you walk.

BUYING CHECK

- Fabric with body: taffeta, cotton poplin, wool or stiff satin. Thin jersey just hangs.
- A hem between the knee and the middle of the calf.
- A fine sweater, not chunky, ending at the top of the hip.

TWO MORE OUTFITS

1. Grey fine knit, grey pleated wool skirt, burgundy loafers.
2. Blue sweater, white pleated cotton skirt. She called this pair her latest love.

MIRROR TEST

Stand at the mirror and ask: where does my eye go first? If it goes to a busy top, change it for your plainest sweater. If a full skirt adds width, choose an A-line, or pleats stitched flat to the hip.

The rest is in the Style Notes Club

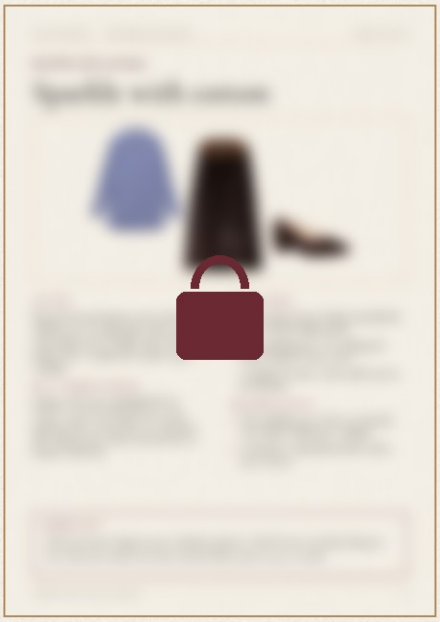
Rules two to six each have their own page: the idea, why it works after 60, a buying check, two more outfits and the mirror test. Then the adjustments, the build order and a one-week plan.



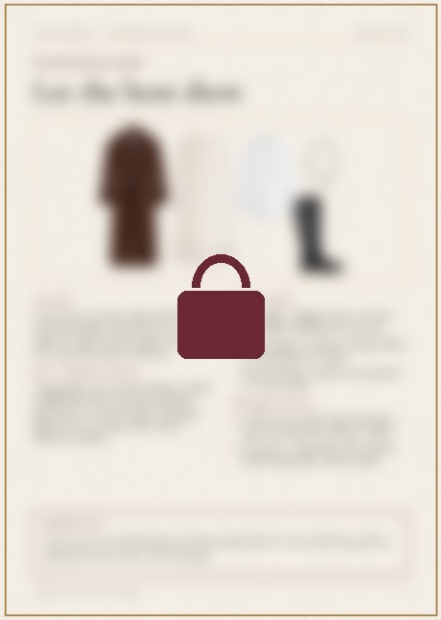
RULE 2



RULE 3



RULE 4



RULE 5



RULE 6



MAKE IT YOURS

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A full guide with every video
Every outfit laid out piece by piece
Buying checks, adjustments and a plan

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