TRENDS SPOTTED FASHION

One Rule Broken. Six Kept.

From the video: She's 61 in Paris

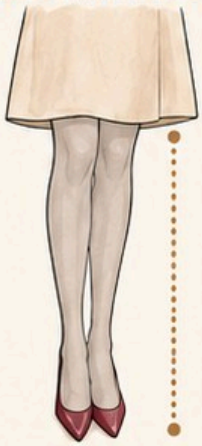
1



One Open, Three Closed

Neck, shoulders, arms, legs. Open one.

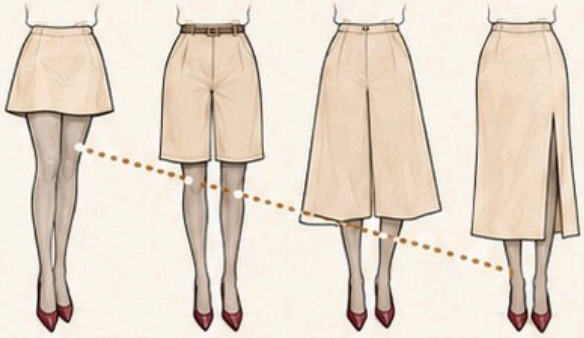
2



Tights Follow the Shoe

One colour from hem to toe.

3



Choose Your Step

The right hem is the one you forget.

4



Borrow the Tie

Loose knot.
Ends at the belt.

5



One Shiny Piece

Three matte, one shine.

6



Burgundy Instead of Black

Start with the bag and the shoe.

THE MIRROR CHECK

- ☐ What is open?
- ☐ What is closed?
- ☐ Does it feel like me?

Want the outfits behind each rule? Join the Style Notes Club.

TRENDSSPOTTEDFASHION.COM

A LOOK INSIDE THE MEMBERS' STYLE NOTES

Rule 01, rebuilt as an outfit

One of the seven looks from the video, rebuilt piece by piece. The full Style Notes give you all seven, each with a version you can wear without showing your knees.



THE LOOK

- Long burgundy patent trench
- Short camel shirt dress
- Burgundy silk square scarf
- Nude pointed slingbacks
- Burgundy raffia tote

WHY IT WORKS

Only the legs are open. The trench closes the arms and shoulders, the scarf closes the neck, and the coat ends below the dress.





The full Style Notes are in the Style Notes Club

Seven looks and fourteen flat lays, a "your version" for every rule, the tights and shoe chart, the hem finder, a week of outfits, the shopping list and a printable mirror check.

$9 a month or $90 a year. Join before 1 January 2027 and keep the $9 price. Elegant Insider Club members get it free.

trendsspottedfashion.com/club